

The Christopher Winter Teaching SRE Scheme of work curriculum overview

**Year 1**  
**Growing and Caring For Ourselves**

Lesson 1: **Keeping Clean**  
Lesson 2: **Growing and Changing**  
Lesson 3: **Families and Care**

**Year 2**  
**Differences**

Lesson 1: **Differences: Boys and Girls**  
Lesson 2: **Differences: Male and Female**  
Lesson 3: **Naming the Body Parts**

**Year 3**  
**Valuing Difference and Keeping Safe**

Lesson 1: **Differences: Male and Female**  
Lesson 2: **Personal Space**  
Lesson 3: **Family Differences**

**Year 4**  
**Growing Up**

Lesson 1: **Growing and Changing**  
Lesson 2: **What is Puberty?**  
Lesson 3: **Puberty Changes and Reproduction**

**Year 5**  
**Puberty**

Lesson 1: **Talking about Puberty**  
Lesson 2: **Male and Female Changes**  
Lesson 3: **Puberty and Hygiene**

**Year 6**  
**Puberty, Relationships and Reproduction**

Lesson 1: **Puberty and Reproduction**  
Lesson 2: **Understanding Relationships**  
Lesson 3: **Conception and Pregnancy**  
Lesson 4: **Communication in Relationships**